Rating of Everyday Arm-use in the Community and Home (REACH) Scale

**Dominant side affected Algorithm**

The following questions should be asked in the context of everyday use. For example, “I am going to ask you some yes or no questions concerning the everyday use of your R/L side.”

- **Do you use your R/L (affected) side to reach for things?** (eg. flip a light switch, turn on/off lever tap)
  - No → Levels 0 or 1
  - Yes → Levels 2,3,4,5

**Levels 0 or 1**

- **Do you use your R/L (affected) side to help hold things in place?**
  - No → Level 0 Verify with checklist
  - Yes → Level 1 Verify with checklist

**Level 0**

- Over a typical day, do you reach, grasp and manipulate objects with your R/L (affected) as much as you reach, grasp and manipulate objects with your R/L (less affected) side
  - No → Level 3 Verify with checklist
  - Yes → Level 4 Verify with checklist

**Levels 2,3,4**

- **Do you use your R/L (affected) side like you used it before the stroke?**
  - Yes
    - Verify with checklist
  - No → Level 5 Verify with checklist

**Level 5**

- **Do you use your R/L (affected) side to do some tasks you did before the stroke such as drink from a cup, pour a glass of juice or cut your food?**
  - Yes
    - Verify with checklist
  - No → Levels 3,4

**Levels 3,4**

- **Do you use your R/L (affected) side to reach for things** (eg. flip a light switch, turn on/off lever tap)
  - Yes
    - Verify with checklist
  - No → Level 2 Verify with checklist

**Level 2**